

CULTURE AND DIVERSITY NEWSLETTER

COUNSELING AND PSYCHOLOGICAL SERVICES AT APP STATE

JANUARY 2022

January 4th: World Braille Day

January 16th: World Religion Day

January 17th: Martin Luther King, Jr. Day

January 18th: National Day of Racial Healing

January 18th: Thaipusam

January 27th: International Holocaust Remembrance Day

CAPS PROGRAMS SPRING 2022

[- Spring 2022 Group Therapy Opportunities*](#)

[- Let's Talk Services](#)

*All Links are clickable and please click on them for more information!

SPECIAL ANNOUNCEMENTS



Ride The Wave Workshops - 2022

The counseling center will facilitate a series of interactive workshop events in the Spring semester and provide coping resources for students at App State. More information will be available soon on our future newsletters and website.

UPCOMING EVENTS

1/17 - [MLK Day of Service](#)

1/18 - [37th Annual Celebrating the Life & Legacy of MLK with Bakari Sellers](#)

1/18 - [Dr. Martin Luther King, Jr. Bust and Civil Rights Amendments Unveiling @ PSU International Hallway](#)

1/20 - [MLK Leadership Workshop and Meal](#)

1/31 - 2/4 - Black Lives Matter @ School Week

2/4 - 2/6 - Online Sky Happiness Retreat Program

Please use [this link](#) to register. For additional questions about the Sky Happiness Retreat program, please contact:
Ritesh Sheth, shethrm@appstate.edu

ART MOMENT

"Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that."

- Martin Luther King Jr.



I Have A Dream by Charles White

"I Have A Dream (1976), shows the masterful draftsmanship for which Charles White is celebrated. This elegant work shows us a sleeping child cradled by serene, upward looking woman. Evoking both religious imagery and the connection between mother and child, this print brilliantly summarizes White's mastery of portraying the strength of the human spirit. The title references the iconic speech of the same title given by Reverend Martin Luther King Jr. on the occasion of the 1963 March on Washington calling for an end to racism and for civil and economic rights for all."

- [Dolan Maxwell Inc.](#)

For more information about the artist Charles White, visit [this link](#).

SOCIAL MEDIA

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